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| TIME | Schedule for Mothers with Toddlers |
| 7:00 am  7:30-  8:00 am | Wake up. Make bed. Get dressed. Wake up the little ones and help them get dressed. Help them learn to make their beds properly. Kids love to help pull the covers up. Show the children where to put their night clothes or help throw diapers in trash. Each child can learn to keep their room tidy.  Make breakfast with the little ones  Eat together |
| 8:30 am  -9:00 am | DISHES TIME  Have all the little ones help put their bowl or dish in the sink. Pull chairs up to the sink and have one child help wash, one will help rinse. Teach them as you go. Wipe down countertops and put food away while they are busy playing in the bubbly water. Let the dishes drip dry.  SWEEPING TIME |
| 9:00 am | Give each toddler or small child a little tiny broom and dustpan. We all sweep together. You have your big broom, they can sweep another spot. Teach them to get all the little critters on the floor. Make a game of catching every one. Who gets the most critters wins the game. |
| 9:30 am  10:00 am  10:30 am | PLAY TIME  Have them pick a toy or game to play with. Play with them.  SNACK TIME  Bring the children into the kitchen. Sit them at the table and give them a little snack.  CLEAN UP TIME  Have them help you pick up the things they just played with. Where is it’s home. Have fun making a home for their toys to be organized. |
| 10:45 am | PLAY OUTSIDE  Take the kids outside if the weather is nice, go to a park, for a little walk, let the play on the swings or in the sand box, let them ride their bike or trike, if there is bad weather have them run a race in the house back and forth. Play hide and seek with them. |
| 12:00 pm | LUNCH TIME  Feed them lunch and have them put their dish in the sink. |
| 12:30 pm | STORY TIME  Wind down the kids with a story. Let them each pick one book. |
| 1:00 pm | NAP TIME  Have the little ones take a nap. While they are napping, you can tidy up the kitchen, put all the dry dishes away, and take nap if you need to. |
| 3:00 pm  3:30 pm  4:30 pm | SNACK TIME  Sit them at the table and give them a little snack. After a nap they get hungry.  PLAY TIME  Have them pick a toy or game to play with. Play with them.  CLEAN UP TIME  Have them help you pick up the things they just played with. Where is it’s home. Have fun making a home for their toys to be organized. Have the home picked up before supper. Have the children in the kitchen while you are preparing supper. They could also help cook or stir something for you. |
| 5:00 pm  5:30 pm  6:00 pm  7:00 pm  7:30 pm  8:00 pm | SUPPER TIME  Sit the children down with the entire family and enjoy a nice meal together.  CLEAN UP TIME  Have the children help clean up the dishes with you, clear the table, wipe it down, (Even a 2-year-old will enjoy rubbing a dish rag around the table if you let them.)  PLAY TIME  Let them play outside or inside a little to run off the energy.  GETTING READY FOR BED  Have the children get their night clothes on with your assistance. Help them wash up and brush their teeth.  STORY TIME  Wind down the kids with a story. Let them each pick one book.  BED TIME  Tuck the little ones in with a prayer and a hug and kiss, pick out the outfit for the next morning. Enjoy the rest of your evening. |

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